

BCM SCHOOL, BASANT AVENUE, DUGRI
ROAD, LUDHIANA



Safety First
SAFE KIDS SAFE COMMUNITY

SAFETY AT HOME

- Teach your child not to trust stranger or accept gifts from them.
- Not to play on the road.
- Ensure that blenders, toasters, dryers, and other electrical appliances are always unplugged after every use.
- Keep knives and sharp kitchen objects like peelers, graters, mixer and food processor blades locked in a cabinet .
- Ensure all openings of your home are secured.
- Make use of corner and edge guards on furniture with sharp edges.
- **Basic contact details are the most important for your child to know and memorize.**



- Do not let children play rough games, wrestle or try to hug pet.
- Warn your child to stay away from an animal who is caring for its young, growling or showing its teeth, or acting strangely.
- All solutions and chemicals should be out of their reach.
- All electrical outlets should be childproofed.



Safe Circle

- It is necessary that your child has a safe group or safe circle that they can approach whether they're in trouble, unhappy, or just want to talk. A safe circle is the few most-trusted people in your child's life.
- Observe changes in your child's behaviour which may reveal signs of abuse.
- Teach them emergency contact numbers like police , fire, child safety etc.



- Teach them to maintain a safe distance from the swings to avoid accidents.
- Not to go to the hidden places.
- Not to taste or touch wild vegetation
- Know which plants and animals to be wary of.



Street safety

Modeling actions and saying the words out loud, "Stop, look (right and then left) and listen," should be part of every stroll when young children are out walking.



Online safety

- Set Sefie taking rules
- Monitor his Internet usage
- Tell your child to not do anything that doesn't feel right.



Don't give your personal details like school name, your photo to anyone on internet.



Never meet someone you met online in real life. It can be dangerous.



Tell your parents if you see up-setting language, nasty pictures or if you are beign cyberbullied.



Be nice to people like the way you would be on playground



Be very careful with what you post on the internet, because it will remain on internet forever and might be misused.

Make him understand that the school can be his sanctuary

- Leave early enough to arrive at school at least 10 minutes prior to the start of school.
- Teach your children to recognize and obey traffic signals, signs, and pavement markings.
- Avoid talking to strangers. If a stranger does approach your child, make sure they know to immediately report the incident to you or a teacher.
- Teach your children to never get into a vehicle with anyone, even if they know them, without your permission.
- Be firm about telling your child to remain inside the school while you are not yet around.
- Keep school informed about your latest contact details.
- Make school aware of your child's illness or medication (if any)
- Report Bully

Backpacks

- Choose a backpack for your child carefully; it should be designed to enhance safety and comfort.
- Ask your children to use both straps when wearing their backpack to evenly distribute the weight on their shoulders.
- When placing items in a backpack, place the heavier items in first. The closer the heavier items are to a child's back, the less strain it will cause.
- Don't overstuff a backpack; it should weigh no more than 5% to 10% of your child's body weight





- Teach them the proper way to get on and off the bus.
- Make habit of arriving at the bus stop at least five minutes before the scheduled arrival of the bus.
- Make sure your child stays out of the street and avoids excessive horseplay while waiting for the school bus.
- Be sure the bus comes to a complete stop before getting on or off.
- When riding the bus, make sure your child understands they must remain seated and keep their head and arms inside the bus at all times.
- Do not shout or distract the driver.
- Do not walk in the driver's "blind spot" — this is the area from the front of the bus to about 10 feet in front of the bus.

Talk to your child, and don't forget to listen!

- Talking to your child about their day, the happy moments and not so happy moments in their day, their friends, and their lives not only keeps them connected but also helps them feel safer.
- Know your children's friends and observe any new influences which may affect their behaviour.



Easy Tips to Ensure Child Safety



SEE ALERT



TALK ALERT



TOUCH ALERT



ALONE ALERT



HOLD ALERT

Let's make child's safety our priority